

# Standard First Aid (Adult CPR with First Aid Basics) Infant and Child CPR and AED

<b>Day</b>	<b>Time</b>	<b>Reg. Ends</b>
Sat., Feb. 16 & Mar. 1	9am-1pm	2/14

**\*Please bring a brown bag lunch.**

## **Registration**

In progress

## **Program Description**

The purpose of the American Red Cross Standard First Aid course is to provide participants with the knowledge and skills necessary to recognize and respond to breathing and cardiac emergencies in adults until advance medical personnel arrive and take over.

Topics covered in this course include:

- What Good Samaritan Laws are and how to obtain consent
- How to apply basic precautions to reduce the risk of disease transmission
- How to identify the signs and symptoms of soft tissue and musculoskeletal injuries
- How to identify the signs and symptoms and care for victims of stroke, diabetic emergencies, poisoning, heat/cold related emergencies, bleeding, head/neck/back injuries, muscle/bone/joint injuries
- How to check a person for breathing and signs of life
- How to provide care for breathing and cardiac emergencies in adults
- How to care for a conscious and unconscious choking adult

The purpose of the American Red Cross Infant and Child CPR with AED course is to provide participants with the knowledge and skills necessary to recognize and provide basic care for breathing and cardiac emergencies in children and infants, as well as how to use an AED with pediatric AED pads on a child aged 1 to 8 years of age or less than 55 pounds, until advanced medical help arrives and takes over.

## **Topics covered in this class include:**

- Understanding what Good Samaritan Laws are and how to obtain consent
- How to apply basic precautions to reduce the risk of disease transmission
- When to move an infant or child from a dangerous situation
- How to check for breathing and signs of life
- How to clear the airway of conscious and unconscious choking infants and children
- How to give care to an infant or child with breathing or cardiac emergencies

## **Certification:**

In order to receive an American Red Cross Standard First Aid certification, with a three year validity period and an adult, infant and child CPR with AED certification with a 1 year validity period, participants must:

- Attend and participate in all course sessions;
- Demonstrate competency in all required skills;
- Participate in all skill sessions and scenarios;
- Pass the final written exam with score of 80 percent or better on the multiple choice exam.

## **Course Fees**

\$35 for Community Center Members

\$40 for Residents

\$50 for Non-Residents

## **Additional Fee**

\$41 made payable to the American Red Cross for certification fees and materials due at the class.



# American Red Cross

Winter 2008



*Child & Infant*



*Pet*

## *Take a Course & Help Save a Life*



*Adult*



*Babysitting*



*General Care Giving*

# Adult CPR & AED

## Automated External Defibrillation

Day	Dates	Time	Reg. Ends
Wed	May 7	6-10pm	5/5

**\*Please bring a brown bag lunch**

### Registration

In-progress

### Program Description

The purpose of the American Red Cross Adult CPR and AED course is to provide individuals with the knowledge and skills necessary to provide care for breathing emergencies, perform cardiopulmonary resuscitation (CPR), and use an automated external defibrillator (AED) for victims of sudden cardiac arrest.

### Topics covered in this course include:

- How to recognize the signs and symptoms of a cardiac emergency
- What the precautions for using an AED are and how to use one
- How to check an unconscious adult for breathing and signs of life
- How to care for a conscious and unconscious choking adult
- How to perform CPR on an adult

### Certification Requirements

In order to receive an American Red Cross - Adult CPR and AED certification, with a one year validity period, participants must:

- Attend and participate in all course sessions;
- Demonstrate competency in all required skills;
- Participate in all skill sessions and scenarios;
- Pass the final written exam with score of 80 percent or better on the multiple choice exam.

### Course Fees

- \$25 for Community Center Members
- \$30 for Residents
- \$40 for Non-Residents

### Additional Fee

\$18 made payable to the American Red Cross for certification fees and materials due at the class.

# Pet Fi

Date	Time
Sat., Apr. 5	9am

### Registration

In-progress

### Program Description

The purpose of the American Red Cross First Aid course is to provide individuals with the skills and knowledge necessary to provide first aid and temporary care to injured individuals. This course can be taken to a veterinarian.

Topics covered in this course include:

- Assessing a pet's vital signs
- How to recognize and respond to other breathing emergencies
- What the components of a first aid kit are
- Care for wounds with and without bleeding
- How to recognize and respond to common illnesses, such as poisoning and temperature-related emergencies
- When to restrain and handle a pet
- Care for muscle, bone, and joint injuries
- How to recognize and respond to other emergencies

### Certification Requirements

To receive an American Red Cross First Aid certification, with a one year validity period, participants must:

- Attend and participate in all course sessions;
- Successfully demonstrate competency in all required skills;

### Course Fees

- \$25 for Community Center Members
- \$30 for Residents
- \$40 for Non-Residents

### Additional Fee

\$17 made payable to the American Red Cross for supplies and materials due at the class.

# First Aid

Date	Reg. Ends
11:30am-1:00pm	4/3

American Red Cross Pet First Aid course provides participants with the skills to provide immediate first aid to an injured animal until it can be seen by a veterinarian.

This course includes:

• Recognizing vital signs  
• First aid care for choking and other emergencies  
• The steps of a "pet friendly" first aid kit

• Care for severe and minor injuries

• First aid care for sudden illness, including poisoning, seizures, and other emergencies

• How to safely move an injured pet  
• Care for eye, ear, and joint injuries  
• First aid care for cardiac and respiratory emergencies

## Prerequisites

Participants must have completed the American Red Cross Pet First Aid course within a 12-month validity period.

Participants must attend all class sessions and demonstrate all required skills.

Community Center Members

Cost

Registration to the American Red Cross course and certification fees,

# Babysitting Course

Date	Time	Reg. Ends
Wed Feb. 20 & 27*	5-8pm	2/18
Sat. Mar. 15**	9am-2pm	3/13
Wed Apr. 9 & 16*	5-8pm	4/7
Sat. May. 17**	9am-2pm	5/15

\* Please bring a snack

\*\*Please bring a brown bag lunch

**Registration** In-progress

## Program Description

The purpose of the American Red Cross Babysitter's Training course is to provide participants with the necessary skills and knowledge to provide safe and responsible care for children in the absence of parents or guardians.

Topics covered in this course include:

- Learning how to pick up, hold, change, and feed infants and toddlers
- How to identify safe toys and play for children at different developmental ages
- What the Babysitter's role in guiding safe and responsible play is
- How to recognize different emergency situations
- How to check a conscious and unconscious infant and toddler for breathing
- How to provide care for an infant or toddler with an obstructed airway or if they are not breathing
- Learn how to provide basic first aid for different types of wounds and bleeding

## Certification Requirements

To receive an American Red Cross Babysitter's Training certification, with no validity period, participants must:

- Be 11 years old by the last day of class
- Attend and participate in all class sessions
- Successfully demonstrate all required skills

## Course Fees

\$35 for Community Center Members

\$40 for Residents

\$50 for Non-Residents

## Additional Fee

\$18 made payable to the American Red Cross for supplies and certification fee, due at the class.